



HEAT STRESS AWARENESS

Early action can prevent serious illness.

**STAY
SAFE**

Look out for
your team



LOOK OUT FOR THESE SIGNS:



HEADACHE



UNSTEADINESS



WEAKNESS



DIZZINESS



FEELING SICK



SWEATING



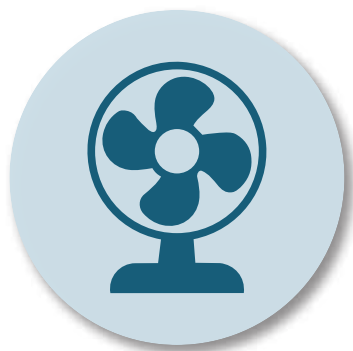
IF SOMEONE FEELS UNWELL



INFORM A
SUPERVISOR



GIVE THEM
WATER
TO DRINK



MOVE THEM
TO A
COOL AREA



MONITOR
THEIR
CONDITION



SUSPECT HEAT STROKE? CALL 999

